

## RACE INSTRUCTIONS

### The registration fee includes:

- A medal for those who complete the course in time (The finish is closed at 4pm./16:00)
- Food and drinks on the drinks stations along the route
- Emergency first aid service
- Transportation from stadium to Santasport
- Prizes for winners (3 best)
- Lunch and spa/shower facilities after finishing in Santasport

Registrations are accepted also in the race office on Friday and on Saturday.(March 9-10)

### Race office

Participants should collect the bib and tickets for spa and lunch from the race office

On Friday, March 9, 2018, the race office is situated at Intersport at Revontuli shopping center (address:Koskikatu 27B, Rovaniemi) .The office opens at 4pm and closes at 7:30 pm.(16:00-19:30)

On Saturday, March 10, the race office is situated in Ounasvaara Ski stadium (address: Taljatie 2, Rovaniemi) and is open at 8.30am-4pm. (8:30-16:00)

The bib and lunch-/spatickets must be collected at the latest on Saturday March 10, according the following timetable:

distance 60km at the latest 9.30 (am)

distance 40km at the latest 10.00 (am)

distance 20km at the latest 10.30 (am)

The race office can be reached by phone by dialling +358 405684111.

## **Registrations afterwards**

are accepted in the race office (Intersport) Friday, March 9 between 4:00 pm and 7:30 pm (16:00-19:30) or in Ounasvaara Ski stadium on Saturday at 8.30-9.30 (60km) and other distances at 9.30-10.30. The registration fees are then: 60 km 80€, 40km 65€, 20km 50€

## **Times for start**

60 km free/classic at 10:00 (am)

40km free/classic at 10:30 (am)

20km free/classic at 11:00 (am)

1-6km without timing at 11:05-12:00 (am)

## **Finish**

The finish is closed at 4pm (16:00)

## **Prize Giving Ceremony**

For three best skiers in every category in Ski stadium at 14.00.

## **Lottery prizes**

Some lottery prizes are drawn among the skiers. A list of lottery winners can be seen in the race office in Skistadium. They must be collected at the latest at 16:00. (4:00pm)

## **Transportation**

A free minibus transportation from the Ski stadium to Santasport at 12am-3pm (12:00-15:00)

## **Spa and lunch**

In Santasport (address:Hiihtomajantie 2, Rovaniemi) on Saturday, March 10, at 12:00-17:30

## Map and skiing track profile

<http://www.napapiirinhihto.fi/wp/wp-content/uploads/2017/09/Napapiirinhihto-2018-reittikartta-19092017-pdf.pdf>

**Drinks stations(“pit stops”):** (for example warm water, tea, sports drink, raisins, pickle are offered)

Koskenkylä

Sierijärvi

Kurivaara

Ounasrinne

Urheiluopisto (Santasport)

Ski stadium

## Discontinuing the race

If a participant is forced to quit, he or she must without further delay inform the officials at the nearest drinks station. Anyone arriving at a drinks station after its closing time must discontinue the race for his or her own safety (see Drinks stations). Anyone finishing after the set time of 4:00 pm is regarded as having discontinued the race and will not be recorded in the results. The participants are followed by a snow mobile patrol tasked with picking up, and transporting to the nearest drinks station, any skier whose state is not deemed fit to continue. Transportation is available from the drinks stations to the finish for the participants who are forced to discontinue the race