

RACE INSTRUCTIONS

The registration 1.12.18-11.3.2019

www.napapiirinhihto.fi

Registrations afterwards

are accepted in the race office in Ounasvaara Ski stadium on Friday, March 15 between 5:00 pm and 7:00 pm (17:00-19:00) and on Saturday in the same place at 8.00-9.30 (60km) and other distances at 9.30-10.30. The registration fees are then: 60 km 80€, 40km 65€, 20km 50€

The registration fee includes:

- A medal for those who complete the course in time (**The finish is closed at 5pm./17:00**)
- Food and drinks on the drinks stations along the route
- Emergency first aid service
- Prizes for winners (3 best)
- Lunch and spa/shower facilities after finishing in Santasport

Race office

Participants should collect the bib and tickets for spa and lunch from the race office

On Friday, March 15, 2019, the race office is situated in Ounasvaara Ski Stadium (address: Taljatie 2, Rovaniemi) .The office opens at 5pm and closes at 7 pm.(17:00-19:00)

On Saturday, March 16, the race office is also situated in Ounasvaara Ski stadium (address: Taljatie 2, Rovaniemi) and is open at 8.00am-5pm. (8:00-17:00)

The bib and lunch-/spatickets must be collected at the latest on Saturday March 16, according the following timetable:

distance 60km at the latest 9.30 (am)

distance 40km at the latest 10.00 (am)

distance 20km at the latest 10.30 (am)

The race office can be reached by phone by dialling +358 405684111.

Times for start

60 km free/classic at 10:00 (am)

40km free/classic at 10:30 (am)

20km free/classic at 11:00 (am)

Finish

The finish is closed at 5pm (17:00)

Prize Giving Ceremony

For three best skiers in every category in Ski stadium right after confirming the results for the three best skiers in every category.

Lottery prizes

Some lottery prizes are drawn among the skiers. A list of lottery winners can be seen in the race office in Ski stadium. They must be collected at the latest at 17:00. (5:00pm)

Spa and lunch

In Santasport (address:Hiihtomajantie 2, Rovaniemi) on Saturday, March 16, at 12:00-17:30

Map and skiing track profile

<http://www.napapiirinhihto.fi/wp/wp-content/uploads/2018/10/reittikartta-64-NH.pdf>

Drinks stations(“pit stops”): (for example warm water, sports drink, raisins, pickle are offered)

Koskenkylä

Ounasrinne

Sierijärvi

Urheiluopsito(Santasport)

Kurivaara

Ski stadium

Discontinuing the race

If a participant is forced to quit, he or she must without further delay inform the officials at the nearest drinks station. Anyone arriving at a drinks station after its closing time must discontinue the race for his or her own safety (see Drinks stations). Anyone finishing after the set time of 5:00 pm is regarded as having discontinued the race and will not be recorded in the results. The participants are followed by a snow mobile patrol tasked with picking up, and transporting to the nearest drinks station, any skier whose state is not deemed fit to continue. Transportation is available from the drinks stations to the finish for the participants who are forced to discontinue the race